

Infant Feeding Plan

Child's full name _____

Date _____

Date of Birth _____

Does child take bottle? Yes [] No []

Is the bottle warmed? Yes [] No []

Does the child hold own bottle? Yes [] No []

Can the child feed self? Yes [] No []

Does the child eat: (Check all that apply)

Strained foods [] Whole Milk []

Baby foods [] Table foods []

Formula [] Other []

Breast Milk []

What type of formula used? _____

Amount of formula/breast milk to be given? _____

Updated amounts of formula/breast milk: _____ Date _____

Amount: _____ Date _____

Amount: _____ Date _____

Amount: _____ Date _____

Does the child take a pacifier? Yes [] No []

If yes, when? _____

Food likes _____

Dislikes _____

Allergies? (Include any premixed formula) _____

Formula/Breastmilk			Food		
Time	Amount	Type	Time	Amount	Type
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Instructions for the introduction of solid foods _____

Any updated instructions regarding adding new foods or other dietary changes, please list as needed. _____

PARENTS' SIGNATURE _____

DATE _____